



**FAMILY &
CONSUMER
SCIENCES**



Creating Healthy & Sustainable Families

VOL. 2022-9

Cooperative Extension Service

Wayne County

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September 2022 In-Stitches Newsletter

What's New

HELLO FROM FCS
AGENT, DEBBIE
SHEPHERD - PAGE 1



QUILTS FROM EL'S
KITCHEN! - PAGE 2



ROCK THE CLOCK
EVENT - PAGE 3



ENCLOSURE -
EL'S KITCHEN FLYER

Hello - We are SO EXCITED about our 2022-2023 new program year. Our next In Stitches class has been scheduled for Wednesday, September 21st, at 10 a.m. Please let us know if you will be attending. We are still experiencing phone issues. DO NOT leave a message on the voice mail system because we probably won't get it. Keep calling back until you get a live person! You can also email Joy, Vicki, or me.

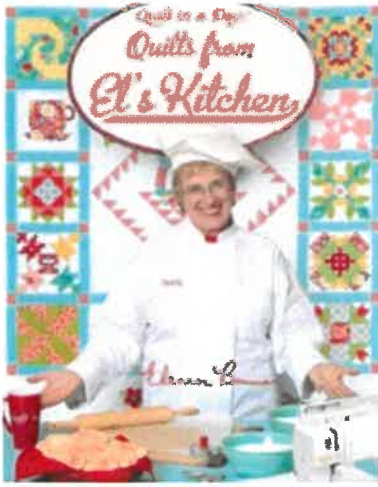
Happy Stitching! Debbie

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Quilts from El's Kitchen!

Wednesday, September 21st @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

Please see Informational Brochure

Pattern Book: \$15.00

We will be utilizing this pattern book for the 2022-2023 program year of In-Stitches classes. This book is VERY versatile! Students will have the opportunity to do a sampler quilt or just the blocks they like. At the end of the book, we will have classes on how to set up a quilt, borders, bindings, machine quilting, hand quilting, and tacking quilts. A year-long full of learning opportunities.

Reminder: You can jump into this project at any time during the year!

And as always, if this is not the project for you, please feel free to bring something you enjoy or are currently working on and spend the day with us!

We will also do a potluck lunch. If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. We will provide the drinks.

*Don't forget to bring your items
for Show & Tell!*

Rock the Clock Event!

Sewing Palooza

Saturday, October 15th

9 a.m.-9 p.m.

Wayne County Extension Office

Downstairs Meeting Room



Please call to register so we can be prepared for you.

Bring your UFO's or a new project you have been wanting to work on. Bring your sewing machine & supplies or whatever you wish to work on. Scrapbooking, puzzles, painting - whatever you'd enjoy the most.

Everyone is Welcome! Come for the whole event or whatever time works for you.

You are welcome to bring your own sewing chair.

Remember to dress COMFY. Slippers are welcome! Bring a sweater or sweatshirt in case you get cold.

We will have coffee, hot chocolate, and hot water for hot tea.

We will also have bottled water, tea, and soda pop.

Hope you will join us at Rock the Clock Sewing Palooza!



Wayne County Cooperative Extension Family and Consumer Sciences



Debbie Shepherd

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Wayne County Extension Agent for
Family & Consumer Sciences

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



IN STITCHES QUILT CLASS

SEPTEMBER 21, 10 AM-3 PM

QUILTS FROM EL'S KITCHEN...NOW WE'RE COOKIN'!

Creating Our First Two Blocks

My Mother's Apron and Pork and Beans will be the blocks to start our adventure! You will find them as the first two blocks featured in your book.

You're encouraged to bring your pieces for your two blocks already cut, ready to sew. However, if you're not confident to do so, just bring your selected fabrics and we'll help you prepare your pieces. Either way, **please bring remnants of your selected fabrics to class so they'll be handy in case you have an unexpected need.**

We are looking forward to sharing in this creative experience! If you have any questions or would like help preparing for the class, feel free to contact Laurie Lou, Debbie, or Joy.



Ingredients for Success:

Your Basic Sewing Supplies and Supplies listed from pages 23 & 33

Quality thread for applique

Practice becoming familiar with your sewing machine if it's been a while

Your "textbook" and any worksheets you plan to use for reference

If you'd like, remember to bring...

- ✓ An apron for storytelling
- ✓ Something for Show 'n' Tell
- ✓ A dish for potluck